

# Ramon Lim

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*Address: 18 Somerville Street,  
DONCASTER 3108*

**Myotherapist** with a focus on issues relating to postural imbalances causing pain and discomfort. Treatment protocol involves manual therapy (including dry needling), and exercise prescription.

**Enthusiastic team player**, deeply committed to delivering quality service with attention to detail

## PROFESSIONAL EXPERIENCE

### Myotherapist/Remedial Massage Therapist

*The Acupuncture and Wellness Centre, Doncaster VIC  
3108 (2017 - 2020)*

*Aquarena Aquatic and Leisure Centre, Templestowe  
Lower VIC 3108 (2016 - 2018)*

Joined as sub-contracting therapist working alongside other allied health professionals. Responsibility includes providing manual therapy, and prescribing exercises within the treatment plan.

- Providing manual therapy for muscular aches and pains
- Exercise prescription in conjunction to manual therapy

### Sports Trainer/First Aid

*De La Salle Old Collegians, Malvern VIC 3144 (Apr – Oct,  
2018)*

Joined as a sports trainer in an amateur football club. Attend to players on field and off field for pre-, during, and post- game injury management, whilst working collaboratively with coaches and club physiotherapists.

- Provide service of injury management and prevention for players
- Have attention to detail for potential risks or hazards for players

## EDUCATION

**Melbourne Institute of Massage Therapy & Myotherapy**, Heidelberg, VIC  
*Advanced Diploma of Myotherapy (12/2018)*

**Box Hill Institute of TAFE**, Box Hill, VIC  
*Diploma of Remedial Massage (11/2013)*

**Templestowe College**, Lower Templestowe, VIC  
*Victorian Certificate of Education (11/2010)*

## AVAILABILITY

**FRI - 9:00 – 13:00**